Contact the service:

The Occupational Therapy service is available Monday to Thursday between 8.00 and 17.00 and Friday's between 8.00 and 16.00 (excluding bank holidays).

If you require this leaflet in an alternative format please contact us on the below telephone number.

We are based at:

The Sunflower Centre
John Corbett Drive
Stourbridge
DY8 4HZ
Tel: 01384 366912

E-mail: bchft.childrensot@nhs.net

Feedback

If you have any concerns, complaints, or compliments regarding the Children's Occupational Therapy Team please contact us on the above contact information.

We always want to hear about the care or treatment your child receives from our service, you can fill in our online feedback form at www.bchft.nhs.uk/friendsandfamilytest or download the **'mi experience'** app available in all app stores.

'Like' us on Facebook – search 'Dudley Children's Occupational Therapy'

https://www.blackcountryhealthcare.nhs.uk/our-services/dudley-childrens-occupational-therapy

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Dudley Children's Occupational Therapy Service

Information Leaflet

Children, Young People & Families

What is Occupational Therapy?

Children's Occupational Therapy aims to develop a child or young person's ability to carry out the daily activities that they want to do or are expected to do, therefore promoting independence and quality of life.

Who can be seen?

The service supports children and young people in the community from 0-16 years (or up to 18 if still receiving secondary or special education input) who live or attend school in the Dudley borough. Our service offers specialist assessment and intervention to enable and maximise the potential for children and young people to engage in their daily occupations (activities) such as:

Self-Care

- Eating and Drinking
- Dressing
- Mobility and Seating
- Toileting, Bathing and Personal Hygiene

School and Nursery Activities

- Handwriting
- Scissor skills
- Organisational Skills

Leisure

- Sports
- Hobbies

Who can refer?

Referrals can be made by any healthcare professional, including health visitors, doctors, consultants and therapists.

Referrals must be in writing, on the referral form or as a letter.

They can be posted, emailed or faxed to the Children's Occupational Therapy Department, contact details can be found on the next page. Referrals must be discussed and agreed with the child and family.

Children's Occupational Therapy may include:

- Individual therapy sessions at home, nursery, school or Sunflower Centre
- Group therapy sessions including baby group, handwriting, 'Bikeability', football, upper limb strength and stability group and parent workshops
- Assessment and provision of hand splints
- Information and advice on equipment or strategies to enable participation in daily activities at home or school
- Supporting schools and nurseries with the Get Moving programme
- Activity advice to be carried out at home or school
- Liaison with parents, teachers and other professionals.

Therapy input will be fully discussed and the most beneficial treatment approach and convenient location will be agreed together with the child and family.

By working together we can maximise your child's potential.

Your Occupational Therapist is

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